

Our Rooms

Live as though heaven is on earth...

An environment which employs color and nature where guests can relax their mind, body and soul – that in a nutshell describes the essence of an experience in the Live Room. The art in the room reflects the proprietors' signature passion for travel and beauty that is evidenced throughout the entire Inn.

Sing as though no one can hear you...

The Sing Room boasts the most gorgeous views of nature. An over-stuffed, oversized chair perfect for curling up with a book (or each other) completes the serene experience of well-being guests will experience. The art is bold, blue and worthy of contemplation.

Dance as though no one is watching...

The Dance Suite is grand, yet intimate. The colors, furnishings and art coordinate beautifully, creating an environment of peace and rejuvenation. In addition to the spacious sleeping room, the suite offers a sitting room with a 27" flat screen TV and DVD player with an extensive DVD movie library.



About Us

Proprietors Barbara Simkins and Kim Wanamaker have very different backgrounds, yet share many common passions – Art, Music and Exceptional Hospitality are #'s 2, 3 and 4 on their "top 4" list. However, it is their #1 passion to make a difference in the world by demonstrating through their actions that all of us can take an active role in improving the wellness of our planet, ourselves, and our families.



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green ROCKS
prides itself on being an
eco-friendly Bed & Breakfast
that continually strives to
minimize its carbon footprint

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About green ROCKS

Our guest rooms feature all organic bedding and towels, yoga mats, ipod docking stations, flat screen TV's and wireless internet. We also feature three state-of-the-art proprietary technologies: Water Purification, Air Filtration and Special Sleep Systems. At green ROCKS we serve natural, organic food from primarily local growers. We also believe in the human/animal bond and are delighted to welcome small pets to our inn. Join us to discover a veritable oasis of wellness, rest and relaxation for your mind, body and soul at green ROCKS.

We are located in Ridgefield, Connecticut a beautiful colonial town in central Fairfield County. It is a convenient trek to and from Manhattan and is conducive for a weekend country "get away" from the city or an easy trek into the city to take advantage of the vast treasures offered there. There are many things to do within driving distance

of green ROCKS, including many seasonal outdoor activities such as hiking, boating and skiing, as well as many indoor activities, such as theater, museums, shopping and dining.

What is "Eco-Friendly"?

There is nothing new or surprising about the fact that we all need to do our part to protect the environment. At green ROCKS we work hard to utilize current trends and technologies in an effort to minimize our carbon footprint and impact on the environment. Our goal is to demonstrate the small things anyone can do on a daily basis that will sustain the health of our planet.

green ROCKS composts, recycles, and uses CFL light bulbs. We also derive a portion of our electricity from wind energy as well as purchase carbon offsets when available. Carbon offsetting is the act of mitigating ("offsetting") greenhouse gas emissions.

We have made a personal commitment to plant 12 trees or more every year on our property and are exploring future solar energy options to include outdoor lighting, hot water and more. We are taking it one step further by utilizing all natural cleaning products and recycled paper products.

Whenever possible we get our food locally, not only seasonally from local growers but we also believe in supporting local businesses and reducing our own fossil-fuel consumption while shopping for green ROCKS supplies.



Why green ROCKS?

Your stay at green ROCKS is certain to be relaxing, healthful and an overall memorable and personally enriching experience. In addition to our amenities and unparalleled service, we are pleased to coordinate arrangements for you during your stay. Examples of such arrangements that can be handled for you in advance of your arrival are:

- Spa Services including Massage
- Private Yoga Instruction
- Guided Hiking/Walking Tours
- Restaurant Recommendations and Reservations
- Theatre Information and Tickets
- Transportation
- Private Dining
 - Individuals/Couples
 - Small Groups (8 maximum)



Please join us for a remarkable, restorative weekend!

For further information and to check availability, please visit our website at www.greenrocksinnc.com